

# Kim McCosker

**4 Ingredients** Author and entrepreneur **Kim McCosker** brings her amazing story to life, to inspire audiences and amaze them with her simple, hard working and determined recipe for success. Kim's light hearted and warm approach and her natural ease with people make her a favourite with audiences of all sizes and from all walks of life. Her enthusiasm and energy for sharing her passions in life and food is infectious.

Educated on the Gold Coast, Queensland, Kim attended Star of the Sea Catholic High School and Griffith University, completing a degree in International Finance in 1998. Kim trained with MLC as a Financial Planner completing her Diploma in Financial Planning through Deakin University in 2000 and then working as the Queensland State Manager of MLC Private Client Services. Kim worked for 7 years in the finance industry before finally resigning to spend time raising her beautiful boys.

It was during this period that **4 Ingredients** came into being. Kim had conceived the idea years earlier, but it was at the suggestion of her lifelong friend, Rachael Bermingham, they write it. In 2007 they authored and self-published (as no publisher was interested) the first book, which was to become Australia's best selling non-fiction book that year, 2008 and 2009. Audiences are enthralled by Kim's extraordinary story as she reveals how it all started from 2,000 books in the lounge room and rose to be the international phenomenon **4 Ingredients** is today. This real David and Goliath tale is not only engaging but inspiring too, and it's far from over.

Kim satisfies an audience's appetite in more ways than one as she never strays too far from what it is that people love about **4 Ingredients** — the food! With a clever combination of mouth-watering anecdotes about the publishing industry, recipes for great food and the path to success, Kim McCosker is the perfect ingredient for your corporate function or event.

*"Kim tells it in a happy, conversational way, you think you are sitting at a table listening to a friend. Her style is sincere and entertaining."*

**Tony Dodd, Regional Manager,  
State Super Financial Services.**



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